

--	--	--	--	--	--	--

# 3T MEMBERSHIP CONTRACT

Center \_\_\_\_\_ Previous 3T-member YES ☐ NO ☐ Female ☐ Male ☐

Surname \_\_\_\_\_ First name \_\_\_\_\_ Middel name \_\_\_\_\_

Adress \_\_\_\_\_ Zip code \_\_\_\_\_ City \_\_\_\_\_

Cell phone \_\_\_\_\_ Phone private \_\_\_\_\_ Date of birth \_\_\_\_\_

E-mail \_\_\_\_\_

☐

**MEMBERSHIP WITH MONTHLY PAYMENT AGREEMENT:** Membership is valid from \_\_\_\_\_

Type of membership: \_\_\_\_\_ Other/Business name: \_\_\_\_\_

The cash payment kr. \_\_\_\_\_ and the first monthly instalment kr. \_\_\_\_\_ Total kr \_\_\_\_\_ must be paid in full when signing up.

Montly payment kr. \_\_\_\_\_ The agreement is valid for minimum \_\_\_\_\_ montly instalments.

The montly instalment will be maximum kr. \_\_\_\_\_ This enables 3T to withdraw outstanding membership fee.

In the event of an amendment that results in tax liability for 3T's fitness centers, the VAT will be added to the membership fee.

I hereby give 3T the right to make monthly withdrawals from my bank account number: \_\_\_\_\_

**Bank account owner:**

Surname \_\_\_\_\_ First name \_\_\_\_\_ Middel name \_\_\_\_\_

Adress \_\_\_\_\_ Zip code \_\_\_\_\_ City \_\_\_\_\_

Cell phone \_\_\_\_\_ Phone private \_\_\_\_\_ Date of birth \_\_\_\_\_

## Monthly Payment Agreement - Private and business

3T will charge your bank account with the mutually agreed upon amount between the 20th and the 30th of each month. The payments are made in advance and apply to the following month. The agreement refers to a minimum of 12 monthly installments and will subsequently be automatically renewed each month unless otherwise agreed upon. This agreement is in effect until terminated by either one of the parties. Termination must be in writing and take place in the same month that the member wants the last payment to be charged; assuming the initial required 12 monthly installments are completed and outstanding fees from previous months have been paid. Termination is only valid when delivered in writing on the "termination" form which is available at the 3T-reception. Termination by letter and email can only be accepted if agreed upon in advance. The termination is only valid when confirmed by 3T. Termination of the monthly debit authorization with the bank alone is not recognized as a valid termination by 3T.

Any rejected withdrawal of the monthly fee will be invoiced with added penalty charges. Subsequently, unpaid claims will be supervised by 3Ts collection agency. 3T can adjust the amount of monthly installment with 30 days notice after the initial period of binding. The member is responsible for setting up the direct debit agreement with the bank. Reduced memberships such as student, business and offshore will automatically be adjusted upward in price after the initial period of binding ends, unless a confirmation of continued discount price is confirmed; thereafter an annual confirmation is required. If you do not meet the age-related criteria (student agreement only up to the age of 30) or have a valid student certificate for the new academic year, the student discount will cease immediately.

☐

**CASH MEMBERSHIP:** Membership is valid from (dd/mm/yyyy) \_\_\_\_\_

Type og membership: \_\_\_\_\_ Owner of membership (company / team): \_\_\_\_\_

The single payment amounts to kr. \_\_\_\_\_ Payment: \_\_\_\_\_

I have read and understood the contents of both sides of this contract. There are 2 copies of this contract.

Date

Members signature

Guardians signature is required if the  
montly payment agreement members  
is under the age of 18 years.

Staff signature

# 3T's Rules and Regulations

## Membership

- 1.0 When subscribing to a membership during a campaign period that includes free training, applies 12 paying months after the free period is over.
- 1.1 The member must be 16 years of age or older. The signature of the guardian (1.5) is required upon the establishment of an Automatic Bill Payment contract. This applies until the member has reached the age of 18.
- 1.2 As a member of 3T in good standing, you will have access to any 3T-gym. (1.7)
- 1.3 Upon signing of the contract your photograph will be taken in order to prevent misuse. Entrance passages will be recorded in our database and are for internal use only. (1.8)
- 1.4 3T undertakes to keep all necessary information about the use of debit cards confidential. 3T's processing of personal data shall be in accordance with. The Personal Data Act and other relevant regulations. (1.9)
- 1.5 You agree to follow the instructions and abide by the rules that at any time apply to the use of the gym. 3T reserves the right to terminate the membership in the event of misuse. (2.3)
- 1.6 You agree to use the membership card issued upon arrival. Lost or damaged cards are replaced for a fee. If you have forgotten your membership card you must contact the reception to gain access. If you forget your membership card 4 times in the course of a 2 months period, you are required to pay a fee for the issue of a new membership card. The membership card is personal and cannot be used by others. (2.7)
- 1.7 3T disclaims any liability for injuries to persons or property arising during (2.5) or as a result of use of the gym, including damage to clothing and loss of money, valuables or other things of value that might be lost.
- 1.8 The member is responsible for being medically fit in order to use the facilities (2.1) at 3T.
- 1.9 For safety reasons, children have no access to the gym. The only exceptions (2.2) are during the hours 3T provides staffed child care, or during activities organized specifically for children. During such activities all children must be accompanied by an adult.
- 1.10 Membership "On Hold": You can put your membership on hold for 2 months (3.2) each year at a cost. The Membership can be put on hold for whole months only. This must be notified in writing no later than 30 days in advance on a special form found at the reception. It is not retroactive. Senior citizens are granted a payment break during periods of documented absence (f.ex. when traveling). 3T provides in this case a postponement of the binding period. (Refers to a minimum absence of 4 weeks and a maximum of 4 months.)
- 1.11 In case of illness: 3T does not refund paid membership fees in the event of (3.3) an illness occurring in the contract period that requires absence. With a written doctor's notice banning training for more than 3 weeks, your membership will be suspended for as long as necessary without extra cost. This must be clarified as early as possible in the sick period, as it does not have retroactive effect.
- 1.12 Transfers: A membership in the binding period can be transferred to another (4.1) person one (1) time during the contract period for a fee. A written transfer of membership must be filled out on a special form at the reception, and both you and the new member must be present. The new members' fee will be determined according to his or hers eligibility. A new member can choose between paying the remaining months of the agreement in cash, or entering into a new direct debit agreement with 12 months. binding time.
- 1.13 Temporary Stop of Membership: Contracts with completed binding period can (4.2) be frozen in case of illness, education or work outside the district. Documentation is required. Membership can be stopped for up to 12 months free of charge with proper documentation.
- 1.14 Contracts that are still in the binding period can also be frozen for the (4.3) above-mentioned reasons, but here payments will go as normal throughout

the binding period. The time of absence will be registered when the binding period is over, and your membership fees will be stopped for the same amount of time which you have been unable to use your membership.

- 1.15 During military service 3T will extend the binding time and payment. (4.4)

- 1.16 You are obliged to inform 3T of any address and bank account changes. (2.10)
- The membership fee is non-refundable.

## Locker room

- 2.1 It is forbidden to store belongings in lockers beyond 3T's opening hours. (2.6)
- 2.2 Please be considerate of other members when taking pictures or filming (2.11) inside the gyms. Always ask permission to use the pictures, if other members happen to be in the background or present in the pictures taken. Taking pictures and filming is prohibited in the locker rooms. (Selfies included.)

## Training

- 3.1 3T can provide an individual training program based on the individual (1.1) member's physical condition.
- 3.2 Group exercise: The number of classes and activities are subject to change (1.2) from season to season. 3T reserves the right to cancel or terminate the classes listed in the schedule. 3T offers online booking of various services. Specific booking rules apply. (Here one must follow the current rules for this service.) 3T provides no guarantee that the desired class will be available.
- 3.3 Swimming pool and Jacuzzi: 3T has no lifeguard at the pools; enter and (1.3) use these areas at your own risk.
- 3.4 You commit yourself to clean up/tidy equipment after use. (2.4)
- 3.5 For health and environmental reasons please use decent and unoffensive (2.8) exercise clothing, and always use a towel. 3T reserves the right to point out improper fitness attire. Clean indoor shoes that do not cause marks or discoloration must be used in the fitness center.
- 3.6 You undertake to leave the activity areas 30 minutes before closing time. (2.9)
- 3.7 Fees for unused online bookings will be invoiced, if one fails to appear at (4.5) pre-booked class or activity.

## Other

- 4.1 The opening hours can be subject to change, particularly at Christmas, (1.4) Easter and during the summer season. In addition, some activities and areas of the gym may also be subject to closure due to maintenance or courses, seminars etc.
- 4.2 3T reserves the right to send out information and or advertising via mail / (1.6) sms / email.
- 4.3 The use of steroids and other performance-enhancing doping agents is (5.1) absolutely forbidden for any 3T-member. The complete list of forbidden substances is found at [www.rentsenter.no](http://www.rentsenter.no). 3T can require a medical test in the event of suspected abuse. Refusal to take such a test or returning a positive test will result in the cancellation of your 3T-membership.
- 4.4 3T is not responsible for any obstacles or restrictions that reduce 3T's (4.4) training offer to the member when conditions are beyond 3T's control and 3T could not predict or overcome the following of the relationship (Force majeure). The membership agreement is signed under Norwegian law. Disputes between the member and 3T shall be solved in amicable resolution. If this is not the case, either party may bring the dispute before the ordinary courts.
- 4.5 3T reserves the right to camera surveillance to ensure the safety of our (4.5) employees and members.